### WHO WE ARE

An inquiry into the nature of self; beliefs and values; personal, physical, mental and spiritual health; human relationships including families, friends, communities and cultures; rights and responsibilities; what it means to be human.

**Central Idea**

We make choices that affect our learning and our relationships

#### ESSENTIAL ELEMENTS OF PYP

<table>
<thead>
<tr>
<th>What do we want students to know?</th>
<th>Knowledge</th>
<th>To understand what it means to be a good friend and form positive relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>What do we want students to understand?</td>
<td>Concepts</td>
<td>Causation Reflection Responsibility</td>
</tr>
<tr>
<td>What do we want students to be able to do?</td>
<td>Skills</td>
<td>Social Thinking Self-Management</td>
</tr>
<tr>
<td>What do we want students to feel, value and demonstrate?</td>
<td>Attitudes</td>
<td>Integrity Respect Tolerance</td>
</tr>
<tr>
<td>How do we want students to act?</td>
<td>Action</td>
<td>Principled Reflective Caring</td>
</tr>
</tbody>
</table>

#### Lines of Inquiry

- The environment affects our learning
- Relationships and friendships come in various forms
- Our choices have consequences
- Our feelings affect our behaviour and learning
Knowledge
After completing this unit you will:

• Understand what the qualities of a good friend are and how to form and maintain friendships
• Appreciate the steps for conflict resolution and be aware of consequences, good or bad
• Be able to evaluate your learning style/s and make better use of any learning situation to enhance your learning
• Identify what you need in your learning environment to enhance your understandings and respect different learning environments throughout the world.

Teacher Questions

• How do I learn?
• What do I need to do to be a successful learner?
• What is a friend?
• How do we form and maintain friendships?
• What steps do I take to resolve conflict?
• What is a consequence?
• What do I need in my learning environment?
• How do learning environments differ across the world?

How you can help at home:

• Discuss your friendships with your child; why friends are important and helpful, and any positive social experiences you may have experienced while as a child

• Consider the steps of conflict resolution when dealing with conflicts within the household, consolidating what your child is learning

• Highlight and reinforce with your child that the choices they make will result in consequences of a positive or negative impact.